



UCC LUNCHEON MENU

CLUB SALAD

Fresh local greens from "Tac Enterprises" & CRSI Greenhouse, baby spinach, crumbled goat cheese, roasted almonds, heirloom cherry tomatoes, dried cranberries, seedless grapes with local honey lavender vinaigrette 7.50

CAESAR SALAD

Romaine hearts, parmesan, torn croutons, parsley Caesar dressing, anchovy 7

CHEF SALAD

All natural turkey, ham, hardboiled egg, heirloom tomato, local salad mix, cucumber, Swiss & cheddar cheese 11

GREEK SALAD

Kalamata olives, Feta Cheese, pepperconcinis, red onion, tomato, cucumber, Greek Dressing 7

Scratch made dressings: Local Honey Lavender, Real Buttermilk Ranch, Balsamic, Gorgonzola, Classic Red Roquefort, Extra Virgin Olive Oil and Red Wine Vinegar, Avocado Ranch, Oriental Sesame or Greek 7

Add: Grilled Chicken + 4 Grilled Shrimp +7 Grilled Salmon +10 Mini Crab Cakes (2) +8

BURGERS

*Choose between 7 oz. Angus Hamburger or 6 oz. Grilled Chicken Breast
Cheeses: Sharp Cheddar, Swiss, Gouda, Gorgonzola or Provolone
All burgers served with a pickle spear and Mumford chips*

Classic *Crispy lettuce, tomato, thin sliced red onion, choice of cheese, on a toasted brioche bun
Add Bacon for +1.75 (three strips of all natural cherry smoked bacon) 9.50*

Black and Bleu Burger *Blacken seasoning, bleu cheese, lettuce, tomato, onion, aioli on a toasted brioche bun. 9.50*

Mushroom Swiss *Wild mushroom and Swiss cheese on a toasted brioche bun. 9.50*

Bacon Jam Burger *with Gruyere on a toasted brioche bun 9.50*

The Cali *Guacamole, bacon, lettuce, tomato on a toasted brioche bun 9.50*

Fresh Bay of Fundy Salmon Filet *Grilled Atlantic Salmon, lemon aioli, lettuce on a toasted brioche bun. market price*

U.C.C. WINGS

plain, celery, bleu cheese dressing, Jerk, blackened, Jamaican Curry 13

SOUPS: Tomato Soup of the Day Cup - 4 Bowl - 6

OMELETS

Made to order. Inquire of your server. Served with toast, jelly and fruit.

SANDWICHES

All sandwiches served with a pickle spear and local Mumford chips & all natural ham, turkey & bacon

Grilled Cheese *Cheddar, Gruyere, Provolone and Parmesan on organic white or rye bread 7*

The B.L.T. *Five strips of all natural cherry smoked bacon, heirloom tomato, leaf lettuce, mayo, toasted organic white bread. 8 (Add a local fried egg + 1.50)*

Smoked Ham & Swiss *Grilled or served cold. Local Copey's smoked ham and Swiss on toasted organic white bread with lettuce and tomato on the side. 8*

Curried Chicken Salad *with "Old Souls" Bibb lettuce, tomato on organic sprouted wheat bread 8*

Fried Chicken Sandwich *with lettuce, fire roasted tomato, avocado aioli on ciabatta 8*

UCC Pork Tenderloin *"Old Souls" Bibb lettuce, tomato on ciabatta 8*

The Club Sandwich *All natural ham, turkey, natural cherry smoked bacon, lettuce, mayo on organic white or sprouted multigrain wheat toast. 9*

Nathan's Hot Dog - 7 **Local Curly's Monster Bratwurst - 8**
Served with whole grain mustard on a toasted bun.

SIDES

(Substitute Local Mumford Chips)

Fresh Steak Fries -1.25 **Sweet Potato Fries - 1.50** **Fresh Fruit - 2.00**
Cottage Cheese - 1.25 **Tossed Salad - 2.50**

BEVERAGES

Soda Can 1.25/ Fountain 1.75 **Iced Tea 1.75** **Pellegrino 2.25** **PowerAde 2**
Domestic Beer Can/Draft 12 oz. - 3 **Imported - 4.50**